

Fire house 5K run/walk

REGISTRATION FORM

Name: _____
 Address: _____
 City: _____
 State: _____ Zip: _____
 Phone: (____) _____
 E-mail: _____
 Gender: F M Age: _____
 Shirt Size(s): _____
 Adult XS S M L XL XXL

Registration fee: \$15 per adult
\$6 per child

Amount Enclosed: \$ _____

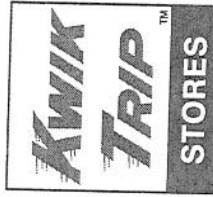
Make check payable to:
Onalaska Firefighters Assn.

Sign Reverse Side for Release of Liability

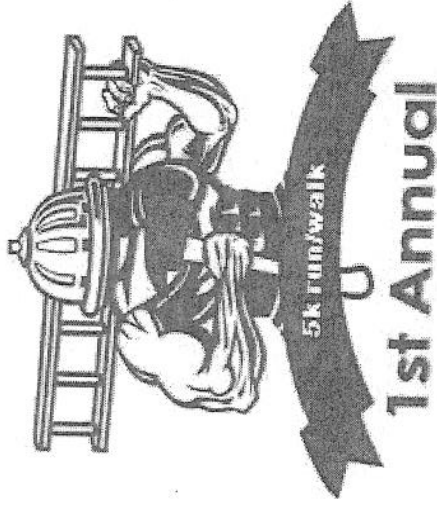
Return form with check/money to:
City of Onalaska Fire Department
415 Main St. Onalaska, WI 5465



Onalaska - Post 336



**FIRE HOUSE
5K**



5k run/walk

**Saturday April 16th
2011**

8:00 am start time @

**Onalaska Fire Department
415 Main St.
Onalaska, WI 54650**

1st Annual Fire House 5k Run/Walk

Who: All persons interested

Distance: 5K (3.1 miles)
run/walk

Where: 5K Run/walk in the city
of Onalaska starting at the Onalaska
Fire Department.

Packet pick-up: 6-8 p.m. @
fire station night before or 7-
7:45a.m. the day of race.

Run/Walk Begins: 8:00 a.m.

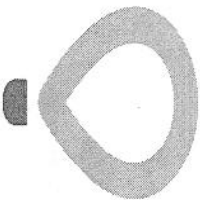
Entry Fee: \$15 per adult
\$6 per child

Awards: Ceremony at Fire
department at 8:45 a.m.

For Further Information:
ctaylor@cityofonalaska.com
www.cityofonalaska.com

The 1st Annual Fire House 5k has a purpose of raising awareness to lead an active and healthy lifestyle while at the same time raising funds for a great cause.

Proceeds from the 5K event will go to benefit the Children's Miracle Network.



**Children's
Miracle Network
Hospitals**
Helping Local Kids

A Unique Model for Children's Miracle
Network Hospitals

Not all Children's Miracle Network® hospitals are created equal. Gunderson Lutheran Medical Foundation is extremely proud to be able to serve children and families throughout the Tri-state Region with a program that is truly unique among its peers.

Very few CMN hospitals give funds directly to families in need of help. Here, we do. Every year, Children's Miracle Network Hospitals serves thousands of families across 24 counties with assistance for meals, lodging, transportation, respite care, emergency and other needs - no matter where they receive their care and no matter what their disease or injury. All of the funds we raise - 100 percent - stays in our Tri-state Region. Unlike most CMN hospitals, we truly serve as a community resource, serving the needs of kids and their families through grants to support programs in the communities they live.

Release of Liability:

I, in full recognition and appreciation of the hazards and exposures involved, do hereby voluntarily agree to assume all the risks and responsibilities involving my voluntary participation in the Fire House 5K Run/Walk scheduled on Saturday April 16th, 2011. I do for my child, myself, my heirs, and personal representative(s) hereby defend, hold harmless, indemnify and release and forever discharge the Onalaska Firefighters Association and all of its officers, volunteers, and event sponsors against any and all claims, demands, and actions, or causes of action of any sort on account of damage to personal property, or personal injury, or death which may result in my participation. I also hereby grant the Onalaska Firefighters Association permission to utilize my likeness for use by television, films or printed media to further the aims of the program and release them from any/all claims in its use. I confirm that I have health and accident insurance in effect for the inclusive dates of my participation and no such coverage is provided for me by the Onalaska Firefighters Association. I have read and executed this document with full knowledge of its significance. I have read and agree to the above.

Signature (Parent or Guardian Signature if Under 18)

Date: _____

For Further Information:

Onalaska Firefighters Association
415 Main St
Onalaska, WI 54650
(608)781-9546

e-mail: ctaylor@cityofonalaska.com